School Lunches

when the kids were little
their plates had compartments
for keeping things separate

but prepping lunches, again, now

where interruptions meet instructions

one can't have too much fat
one has bad teeth
someone else is on meds

be careful
this one is on a diet
and that one needs to eat more

it's a bit different at first
but mostly the same

no compartments here though
except in my mind

a row of steel bowls instead of lunchboxes
weighed out and labeled with their names

packed with the same love

here

in the meat shed

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